

Berta's Easy Oatmeal Cookies

1 cup whole wheat flour

¼ tsp baking soda

¼ cup roasted hazelnuts cut into small pieces

Pumpkin seeds (optional)

Sunflower seeds (optional)

Raisins

½ cup vegetable oil

½ cup maple syrup

Mix well. Form into ball and place on baking tray lined with parchment paper and flatten.

Bake 350 degrees for 15 minutes.